

ESSENTIALS CHECKLIST

Item	Notes:
<input type="checkbox"/> Medications	Routine and PRN (as needed) medications
<input type="checkbox"/> Syringe	For oral or injections (keep two on hand at all times)
<input type="checkbox"/> Pill cutter/crusher	
<input type="checkbox"/> Emesis Bag	
<input type="checkbox"/> Thermometer	Carry an extra set of disposable probe covers and batteries at all times
<input type="checkbox"/> Pulse-oximeter	Measure heart rate and oxygen level
<input type="checkbox"/> Ice pack/heat pack	Disposable packs
<input type="checkbox"/> Face masks	
<input type="checkbox"/> Hand sanitizer/gel	
<input type="checkbox"/> Hand wipes	
<input type="checkbox"/> Body/Baby wipes	
<input type="checkbox"/> Facial tissues	
<input type="checkbox"/> Water bottle	Reusable, insulated bottle
<input type="checkbox"/> Snacks	
<input type="checkbox"/> Wound care	Bandages, sterile gauze, pair of gloves in a sealed bag
<input type="checkbox"/> Mouth care	Lip balm, soft toothbrush, toothpaste and mouthwash
<input type="checkbox"/> Lotion	Face/body lotion and sunscreen
<input type="checkbox"/> Port	Dressing for EMLA cream
<input type="checkbox"/> Central line	Dressing kit, emergency central line kit
<input type="checkbox"/> Disinfection caps	To protect port and central lines from bloodstream infections
<input type="checkbox"/> Feeding tube	extra feeding tube, syringe, drainage pads (for GT/JT)
<input type="checkbox"/> Anti-nausea essentials	Peppermint essential oil, peppermint mints/gum, ginger water or ginger chews
<input type="checkbox"/> Medical records	Copies of important records and hospital pass
<input type="checkbox"/> Clothes	Extra set of clothes, bag to put soiled clothes, small hand towel
<input type="checkbox"/> Activities	Card games, crossword puzzles, reading books, coloring book, homework
<input type="checkbox"/> Charger	For cell phone and/or electronics; extra battery pack
<input type="checkbox"/> Cash	Dollar bills and loose change (hospital food/parking, vending machines)
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	